

BOROUGH OF PARK RIDGE

NEW JERSEY



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Public Health TV is Here!!

Log onto the BCDHS website at www.bergenhealth.org and view videos on topics such as heart disease, childhood, nutrition and fitness, comprehensive physicals, breast cancer and much more. The picture that links to Public Health TV is in the middle of the page; just scroll down if it doesn't show on your screen. Click on the picture and it will open in a new, larger window. Scroll down the list of videos on the left. When you find one you want to watch, just click on it!

Enjoy the videos for your own information or share them with clients.

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