



COUNTY OF BERGEN
DEPARTMENT OF HUMAN SERVICES
DIVISION OF SENIOR SERVICES / ADRC
One Bergen County Plaza • 2nd Floor • Hackensack, NJ 07601-7076
(201) 336-7400 • FAX (201) 336-7430

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Bergen County Executive

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**KEY TELEPHONE NUMBERS FOR
BERGEN COUNTY OLDER ADULTS & CAREGIVERS**

ACCESS LINK (NJ Transit) Curb-to-curb service for disabled clients unable to use public transportation and who live within ¾ miles of a bus route	1-800-955-2321
ADULT PROTECTIVE SERVICES To report self-neglect, exploitation or abuse of older adult	201-368-4300 or 1-800-624-0275 after hours
BERGEN COUNTY BOARD OF SOCIAL SERVICES Medicaid, NJ SNAP (Food Stamps), General Assistance, etc.	201-368-4200
BERGEN COUNTY DIVISION OF SENIOR SERVICES AGING & DISABILITY RESOURCE CONNECTION (ADRC) Information, assistance, and services for Bergen County's older adults, caregivers, and adults with disabilities	201-336-7400 or 1-877-222-3737 toll-free
CHEER Provides free in-home services for homebound seniors such as grocery shopping, errands, laundry service, light housekeeping, etc.	201-489-9454 Ext. 203
CHORE Minor home repairs for the cost of materials only	201-489-7790
CONSUMER PROTECTION (Bergen County) Protects consumers from fraudulent business practices	201-336-6400
ELDER CARE LOCATOR Nationwide toll-free resource information for seniors	1-800-677-1116
GREATER BERGEN HOUSING COALITION Outreach and guidance in matters of Landlord-Tenant disputes	201-488-6767
HOMELESS HOTLINE Emergency shelter and related services	1-888-3-BERGEN 1-888-323-7436
HOUSING AUTHORITY OF BERGEN COUNTY Subsidized housing	201-336-7600

LIHEAP (Low Income Home Energy Assistance Program) Provides assistance with heating/cooling costs	201-488-5100
LONG TERM CARE FACILITIES (www.nj.gov/health) State of New Jersey Department of Health Search Hospitals, Outpatient & Long Term Care Facilities	201-336-7400
LONG TERM CARE OMBUDSMAN Promotes and protects the rights, health, and welfare of seniors in healthcare facilities; investigates complaints & reports of abuse	1-877-582-6995
MEALS ON WHEELS OF BERGEN COUNTY Meal delivery to homebound Bergen County senior citizens aged 60+	201-336-7420
MEDICARE (www.medicare.gov) Medicare coverage such as Medicare Part A, Part B, Medicare Part D drug coverage, Medicare Handbook, Durable Medical Equipment (DME), etc.	1-800-MEDICARE or 1-800-633-4227
NJ MEDICAID HOTLINE	1-800-356-1561
NJ STATE DIVISION OF AGING SERVICES Programs, services, and benefits for older adults, local offices on aging outside of Bergen County	1-800-792-8820
NORTHEAST NJ LEGAL SERVICES – Senior Law Project Free legal assistance & referrals to lawyers	201-487-2166
PAAD/SENIOR GOLD/LIFELINE/HAAD \$5 Prescription Program/Prescription discount program/\$225 Annual Utility Credit/\$100 Reimbursement for hearing aid	1-800-792-9745
PROPERTY TAX REIMBURSEMENT (Senior Freeze) Reimbursement on property tax/mobile home site fee increases	201-336-7400 800-882-6597
REVERSE MORTGAGE (Home Equity Conversion Mortgage) Provides counseling on FHA-insured loans	201-336-7569
S.H.I.P. (State Health Insurance Assistance Program) Free Medicare counseling	201-336-7413
SENIOR ACTIVITY CENTER INFORMATION	201-336-7400
SOCIAL SECURITY (www.ssa.gov)	1-800-772-1213
TRANSPORTATION (Bergen County Community Transportation) Transportation for seniors and adults with disabilities	201-368-5955