

PARK RIDGE MUNICIPAL POOL
123 Colony Ave.
Rules and Regulations 2026

Dear Member:

The following rules and regulations are for the protection and benefit of all members. These rules and regulations have been established not only to assure safe and sanitary operation of the pool and facilities, but to assure a place of great enjoyment for you. Parents are requested to acquaint their children with these rules and to caution them to observe all rules and obey instructions of the pool manager and other employees. Any failure to comply with these rules shall be considered sufficient cause for cancellation of membership. Members should make their guests aware of the rules as well.

I
General Admission

- A. Pool membership will be offered to a maximum of 250 non-resident families and a maximum of 75 non-resident individual memberships (age 18 or older) as well as Park Ridge residents and Boro/B.O.E. employees.
- B. Family membership: Includes husband, wife and unmarried children under 23 years of age as of September 7 of the current swim year, residing within the same household at least 10 months of the current year, or any parent-without-a-partner having any one legal or blood relative residing within a household who has (would have) parental responsibility in the absence of the parent-without-a-partner.
- C. Individual membership: 18 years or older.
- D. Senior Citizens: Available to permanent Park Ridge residents 65 years of age or older. If married, only persons age 65 or older will qualify for free membership. You must be at least 65 by September 7th.
- E. Non-resident senior citizens: Senior citizens must be 65 or older by September 7th.
- F. Members of the armed forces: Borough residents who are on active duty and their families shall be allowed to swim free provided they present proof they are on active duty.
- G. Regular guests: Each family member age 13 or older shall be allowed guest privileges. A guest privilege shall consist of admission to the pool area for one day. Guest privileges will be honored from May 23rd through September 7th. Conduct of the guest is the responsibility of the sponsoring member. POOL MANAGER RESERVES THE RIGHT TO LIMIT THE NUMBER OF GUESTS ALLOWED. **Guests under 13 must be accompanied by an adult. For security purposes, all guests, adults and children, must be accompanied by a member.**

H. Guest rates:

	<u>Adult</u>	<u>Child</u>	
Weekday	\$18.00	\$16.00	*Guests who are senior citizens will be charged half the adult rate
After 5	\$10.00	\$9.00	
Weekends/Holidays	\$22.00	\$18.00	
After 5	\$12.00	\$10.00	

* 7 Day Guest Passes: For the same person any seven days of the season. Guests must always be accompanied by a member. Only a member may purchase guest passes.

Adult	\$85	1st Child	\$70	2nd Child	\$60	3rd Child	\$55
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We do not accept walk-ups. You must be a member or a guest of a member.

POOL MEMBERS MUST REMAIN AT POOL WITH GUESTS.

Members who desire one, must arrange children's birthday parties through the Manager. For three hour parties, guests are charged half the day rate. Children's meal plans must be made through the snack bar operators.

**II
Pool Hours**

- A. May 23, 24, 25 -Noon to 6:00 p.m.
May 30, May 31, Jun 6, 7, 13, 14 – Noon to 6:00 p.m.
June 15 – June 19 – Noon to 6:00 p.m.
June 20 – Sept 7 – Noon to 8:00 p.m.
- B. June 22nd through August 13th
Monday through Thursday - Swimming instructions from 10 a.m. to 12:15 p.m. and open for swimming from 12:15 p.m. to 8:00 p.m. or at manager's discretion. August 15th through Labor Day and all Saturdays, Sundays and Holidays - Noon to 8:00 p.m.
- C. The pool may be closed for maintenance reasons, health conditions, weather or any other reason deemed sufficient by the pool manager. Patrons might be asked to vacate the pool grounds when the lightening detectors go off. You may wait in your cars until the all clear signals goes off.
- D. Swimming instructions: Swimming and diving instructions, water safety programs will be conducted by pool personnel Monday - Thursday. Schedules will be posted for these activities. Adult swim lessons and special needs lessons are given Sunday mornings.
- E. Special Event Nights and Blue Flag Nights will be posted.
- F. Public Swimming may be restricted during some home swim or dive meets and will be posted.
- G. Adult lap swimming on Saturday mornings 9:15 - 10:15 except when there is a home swim meet. Adult lap swimming on Sundays 10:00 a.m. to noon. Adult lap swimming 7:15 A.M. - 8:00 A.M. weekdays June 22nd – July 24th. Adult morning lap swimming from July 27th on will be posted. No children will be admitted on Sundays before 11:30 a.m. except for the special needs class.

III Rules Governing Admission of Children to the Pool Area

- A. Children 11 years of age and under must be accompanied by a responsible person at least 16 years of age.
- B. Members who are approved swimmers 12 through 15 years may enter pool grounds unaccompanied by a responsible person, provided the parents register their consent with the pool manager.
- C. Special rules: Swimming area may be cleared of children at the discretion of the pool manager for the purpose of allowing adults to use the pool.
- D. The Kiddie Pool will be limited to children under 7 years of age. No metal or rigid plastic toys will be allowed in the Kiddie Pool. **CHILDREN MUST BE SUPERVISED BY AN ADULT OTHER THAN THE GUARD.** All children must wear bathing suits in the Kiddie Pool. No large tubes or rafts. **(Children who are not toilet trained must wear a swim diaper and a tight fitting covering and are not permitted in the main pool). No ball playing is allowed.**
- E. No ball playing is allowed in the main pool; no ball playing or running is permitted around the table areas. The area behind the A chair by the volleyball court is for those activities.

IV Member Obligations and Conduct

- A. Photo I.D. cards are issued to individual members of the family and are **NOT TRANSFERABLE**. Cards must be shown for admittance, for all activities.
- B. **PHOTO IDENTIFICATION CARDS MUST BE SHOWN EACH TIME A MEMBER ENTERS THE POOL FOR ANY REASON.**
- C. Loss of I.D. card shall be reported to the pool office immediately. There will be a charge of \$15.00 for replacing lost or damaged cards.
- D. Transfer of membership cards will result in immediate expulsion from grounds. **Members will be subject to the following penalties:**

PENALTY

- a. Children 15 years of age and under:
 - First offense - warning
 - Second offense - one week suspension
 - Third offense - minimum two week suspension plus parental conference
- b. Persons 16 through 18 years:
 - First offense - one week suspension
 - Second offense - minimum two week suspension
 - Third offense - Permanent suspension of membership
- c. Persons 19 years and older
 - First offense - two week suspension

Second offense - Permanent suspension

- E. **Request for refund due to extenuating circumstances must be submitted to the Pool Commission in writing. No refunds will be considered after July 14th.**
- F. **ALL FOOD AND DRINKS (EXCEPT WATER) MUST BE CONSUMED IN THE SNACK BAR AREA. UNDER NO CIRCUMSTANCES SHALL FOOD OR BEVERAGES BE BROUGHT INTO THE POOL OR LAWN AREA. NO COMMERCIALY PREPARED FOODS MAY BE BROUGHT IN.**
- G. Vehicles must be driven slowly and carefully in the parking lot. Speeding or any other forms of annoyance to pool neighbors must be avoided.
- H. Bicycle riders must use bicycle stalls and ride carefully in the parking lot. **No scooters, skateboards, roller blades, hover boards or other similar items will be allowed on the premises.**
- I. Cost of any intentional damage to pool property will be charged to the member involved.
- J. State regulations prohibit alcoholic beverages on pool grounds. Any person considered by pool manager to be under the influence of liquor or drugs will be denied access to the premises.
- K. **Chairs, lounges and / or tables cannot be reserved for members or guests who are not on the pool premises. Such pool property is restricted for use by persons over 18 years of age on weekends and on crowded days.**
- L. No abusive or profane language permitted. Radios should be played at moderate levels in consideration of other members nearby.
- M. No political activity of any kind on pool grounds.
- N. No romancing of any kind on pool grounds.
- O. Members and guests must conduct themselves in an orderly fashion while on pool grounds or be subject to suspension.
- P. Any member found on pool grounds after closing hours will be suspended.
- Q. Any member or prospective member or an applicant seeking membership may be suspended or refused if the case may be if in the opinion of the pool commission that that person is in violation of or has violated any of the rules of the pool by which either a member or a guest of the pool is being annoyed, including but not limited to the use of profane or abusive language, assault or battery or other conduct designed to annoy or harass any other individual. When such a person commits such conduct as a member, the pool commission may suspend him/her permanently, expel him/her from the pool or take such other disciplinary action necessary to protect the safe operation of the pool. A person who is suspended or expelled because of such conduct shall be notified in writing by the pool commission. The person who receives the written notice may file a written appeal to the Pool Commission within ten (10) days from the receipt of the Notice of Suspension. The filing of appeal will not toll the actual suspension date and the appeal should be heard and decided within thirty (30) days of the receipt.

- R. **Members and guests are requested to clean up their areas after use and to use the waste receptacles.**

V Health and Safety

- A. All bathers must shower before entering pool. A shower must also be taken to remove suntan oil or sand from the volleyball court before entering the pool.
- B. **No smoking within the premises. The parking lot may be used.**
- C. **CHILDREN WHO ARE NOT TOILET TRAINED MUST WEAR A SWIM DIAPER AND A TIGHT FITTING COVERING AND ARE REQUIRED TO USE ONLY THE KIDDIE POOL. PARENTS OR GUARDIANS ARE REQUIRED TO SUPERVISE THEIR CHILDREN AT ALL TIMES. NO CHILDREN ARE ALLOWED IN THE KIDDIE POOL WITHOUT ADULT SUPERVISION.**
- D. Admission to the pool shall be refused to anyone with colds, coughs, inflamed eyes, or wearing bandages or diapers. Sanitary habits must be observed.
- E. No pets allowed on the pool property.
- F. No glass containers of any kind will be allowed in the pool area.
- G. No running, pushing, wrestling, ball playing or causing undue disturbance of any kind permitted in or about the pool area.
- H. One of the prime goals of our pool agenda is to teach non-swimmers to swim. **Kapok or cork jackets or air inflated tubes will not be permitted in the pool nor will underwater masks, flippers, snorkels, etc. Coast Guard approved non-inflatable puddle jumpers will be allowed at the discretion of the pool manager, but parents must be in the immediate area to watch their child closely.**
- I. Expectorating or nose blowing in the pool is prohibited.
- J. Diving area rules
- a. **Divers must be strong swimmers and must swim directly to the ladder**
 - b. **Only one person at a time shall be permitted on the diving board.**
 - c. **Divers shall not dive until previous diver has reached the ladder.**
 - d. **Diving shall not be permitted from the side of the board.**
 - e. **Excessive bouncing on the board is prohibited.**
 - f. **No diving shall be permitted from the side of diving well.**
 - g. **Swimmers, other than divers, shall not be permitted in the diving well except during designated periods.**
 - h. **Running dives from the deck area are prohibited.**
 - i. **Retrieving objects from the bottom of the diving well, unless authorized to do so, is prohibited.**
 - j. **No life vests or puddle jumpers when using the diving board**
- K. Slide area rules
- a. **Only one person at a time shall be permitted on the slide & must wait until the lifeguard tells them to go.**
 - b. **All sliders must go feet first.**

- c. **No stopping while in tube.**
 - d. **Sliders must swim to the nearest ladder and exit the pool.**
 - e. **No life vests, puddle jumpers or swimmies on the slide. Parent/Guardian may request permission from the lifeguard on duty to wait in the pool at the bottom of the slide**
- L. Parents should make certain that their children make periodic visits to the bathrooms. **Whenever possible, parents should take their children to the gender appropriate bathroom. Children age six and over should not be brought to bathrooms designated for the opposite sex. If there is a problem, contact the manager for assistance.**

VI General Rules

- A. All members and guests are to wear proper clothing for bathing or sunning at all times, including small children and infants.
- B. **All persons using pool facilities do so at their own risk.** The pool will not be responsible for any accident or injury in connection with such use.
- C. The pool will not be responsible for loss or damage to personal property.
- D. Any person coming to or leaving the pool area (other than in a car) in swimming attire must wear an outer garment over swim suit.
- E. All suggestions, complaints or appeals must be in writing, signed and mailed to: Park Ridge Pool Commission, 53 Park Avenue, Park Ridge, NJ 07656
- F. Guest privileges may be restricted in the best interest of pool members.
- G. These rules and regulations may be revised at any time by the commission. Notice of any changes or additions will be posted on the bulletin board.
- H. Pickleball court rules will be posted by the courts and must be obeyed at all times.

PARK RIDGE MUNICIPAL POOL SCHEDULE OF ACTIVITIES AND SWIM LESSONS - 2026

Pre-Teen-Age Swim Nights (5th-8th grades)

8:00 P.M. - 9:30 P.M.

As posted

Blue Flag Nights - as determined by the manager; on extremely hot days the pool will remain open until 9:00 P.M. - as posted.

Labor Day Weekend: Special pool activities will be scheduled for Monday, September 7, 2025, from 10:00 a.m. to 2:30 p.m.

Swim Lessons (Two sessions)

Courses Offered	# of Lessons/wk	Time per Lesson	Days	Time
Tots Class (3&4 yrs)**	2*	30 min	Monday - Thursday	10:00 a.m. - 12:15 p.m.
Red (5 yrs and up)	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
Orange	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
White	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
Yellow	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
Green	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
Blue	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
Brown	2*	40 min	Monday - Thursday	10:00 a.m. - 12:10 p.m.
Diving Lessons	1 or 2*	30 - 35 min	Monday - Thursday	10:00 a.m. - 11:30 a.m.
Special Needs	1	40 min	Sunday	11:00 a.m. - 11:40 a.m.
Adult Swim Lessons	1	1 hour	Sunday	10:00 a.m. - 11:00 a.m.
Exercise Class	2	30 min	Monday, Wednesday	Afternoons as posted
Water Walking	5	30 min	Monday - Friday	Evenings as posted
Evening Swim Lessons	2*	30 - 40min	Monday - Thursday	6:00 p.m. - 7:25 p.m.

(for children with 2 full-time working parents)

* A fee is charged for these lessons.

** Children must be toilet trained.

First Session of Swim Lessons:	Registration begins June 13th @ 10:00 a.m. First Session begins on June 22nd and ends on July 17th.
Second Session of Swim Lessons:	Registration begins July 13th @ 9:00 a.m. Second Session begins on July 20th and ends on August 13th.
Competitive Swim & Diving Teams:	Registration: June. Swim meets are usually held Saturday mornings or Wednesday evenings. Diving meets are usually held Tuesday or Friday evenings.

For individual water therapy and exercise needs, see the manager.

Points of Emphasis

- A. Children who are not toilet trained are **not** allowed in the main pool under any circumstances. Children who are not toilet trained must use the kiddie pool and use a swim diaper & a tight fitting covering. Plastic pants in various sizes are available at the main office. Parents or guardians are required to supervise their children at all times. No children are allowed in the kiddie pool without adult supervision.
- B. Coast Guard approved non-inflatable puddle jumpers will be allowed at the discretion of the pool manager; however, parents must be in the immediate area to watch their child carefully.
- C. Food may be consumed only in the snack bar area. No food may be eaten at the tables. Food attracts bees and often results in people being stung while walking through the grass.
- D. Non-residents who were P.R. municipal pool members last year no longer need a sponsor & may sponsor new non-resident members this year.
- E. We do not accept walk-ups. You must be a member or a guest of a member. The member must remain with the guest.
- F. Managers may require a member or guest to leave the grounds if his/her behavior is deemed inappropriate or detrimental to the safety and enjoyment of others.