



PLAY SPORTS

**TEACH
GROW
ACHIEVE**



at Park Ridge Recreation (Ages 2-5)

WE BRING THE SPORTS TO YOU!

TGA's action-packed enrichment programs are perfect for beginners and more experienced students to build their skills and have a blast learning about the sport in a safe and supportive environment.

- We provide all equipment
- Professionally trained and background-checked coaches
- Discover valuable life lessons
- Learn sport rules and etiquette
- Explore academic concepts including STEAM through the sport
- Returning students will learn and practice more advanced skills



RESEARCH SHOWS ACTIVE KIDS HAVE:

- **IMPROVED GRADES AND TEST SCORES**
- **INCREASED SELF-ESTEEM**
- **BOOSTED CONCENTRATION**
- **BETTER PHYSICAL HEALTH**

**According to The Aspen Institute Project Play*

COME PLAY WITH TGA!

SESSION	START DATE	END DATE	START TIME	END TIME	CLASSES	PRICE
Winter Parent & Me	January 18	March 21	9:30 AM	10:15 AM	10 Classes	\$200
Winter Pre-K	January 18	March 21	10:15 AM	11:00 AM	10 Classes	\$200

All Classes on Saturday Mornings
Parent & Me is for Ages 2-3 / Pre-K is for Ages 3-5

Location: Park Ridge Community Center (next to Library) - 53 Park Ave. Park Ridge, NJ

Park Ridge Recreation: (201) 573-1800 x521

For more information contact: Kevin Rooney at krooney@playtga.com or (201) 375-7406

SEE OUR PROGRAMS IN ACTION AND SIGN UP TODAY!
bergencounty.playtga.com