



**PARK RIDGE  
RECREATION  
COMMITTEE PRESENTS**



AS THE LEADER IN YOUTH SPORTS, OUR PROGRAMS ARE DESIGNED TO HELP PLAYERS PROGRESS THEIR SKILLS, DEVELOP A PASSION FOR PLAYING AND PROVIDE A PATHWAY TO ACHIEVEMENT.



ATHLETICS • ACADEMICS • LIFE LESSONS

**IN EVERY CLASS WE TEACH:**

- ✓ ATHLETIC SKILL DEVELOPMENT
- ✓ ACADEMICS + STEAM ACTIVITIES
- ✓ SPORTSMANSHIP + LEADERSHIP



**SPORTS RULES & ETIQUETTE**



**MAKE FRIENDS**



**PLAY**



**STEAM ACTIVITIES**

**WHAT TO EXPECT:**

- ✓ ALL EQUIPMENT PROVIDED
- ✓ ALL AGES + LEVELS WELCOMED
- ✓ TRAINED + VERIFIED COACHES
- ✓ GET MOVING + HAVE FUN



# PLAY SPORTS

at Atkins Glen Park

SESSION	START DATE	START TIME	CLASSES	PRICE
Parent & Me	April 10	9:15 AM	10 Classes	\$200
Pre-K (Ages 3-5)	April 10	10:15 AM	10 Classes	\$200

- Classes are on Saturdays for 45 Minutes
- Parents are required to stay on the premises for these programs
- TGA staff will have a fun, fast-paced program in place, having kids participate in various activities that are sports related, focusing on balance, hand-eye coordination, and movement
- Classes are weather-dependent; TGA will do its best to make up any missed classes

- Location: Atkins Glen Park, 26 Bear Brook Rd. Park Ridge, NJ 07656

- Park Ridge Recreation: (201) 573-1800 x521

TGA of Bergen County follows all recommended guidelines and protocols put forth by the CDC, local, and state officials for running safe youth sports programs.

For more information contact: Kevin Rooney at [krooney@playtga.com](mailto:krooney@playtga.com) or (201) 375-7406

**SEE OUR PROGRAMS IN ACTION  
AND SIGN UP TODAY!**  
[bergencounty.playtga.com](http://bergencounty.playtga.com)