FREE...NO COST

Health Consultation Program

You're Invited to Join Us On Any One of the Dates Listed!

WHERE: Park Ridge Elks Lodge
13 Sulak Lane

WHEN: 2nd Tuesday of Every Month (except July)

TIME: 11:30 am to 1:00 pm

DATES FOR 2014:

Jan. 14	May13	Sept. 9
Feb. 11	June 10	Oct. 14
March 11	Aug. 12	Nov. 25*
April 8		Dec. 9

Please note change to schedule
No meeting in July

For more information call:

201-822-3112

SERVICES INCLUDE:

- Health History Evaluation
- Blood Pressure Measurement
- Height and Weight
- Individualized Counseling and Education
- Referral and Follow-up
- Confidential Consultation with a Public Health Nurse

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.